

## Seniors Connecting

### A SOCIAL ADULT DAY PROGRAM FOR THE 21ST CENTURY!

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This Social Adult Day Program  
is designed for the person who:

- ◆ Can benefit from socialization with others
- ◆ Needs the assistance/supervision of another person to spend a productive day
- ◆ Needs a secure, engaging environment
- ◆ Might need a gentle reminder to better participate in activities of daily living - such as eating, walking, taking care of bathroom and grooming needs, etc.
- ◆ Is not a resident of a nursing home or assisted living facility
- ◆ Is not homebound

**Call Adult Day Services**  
for information or to stop by for a tour!

**914-941-7300**

*Bethel* At the Heart of Senior Living

#### A FULL CONTINUUM AT YOUR DOORSTEP

Since 1911, Bethel has been serving the senior community with innovative programs and services. Bethel provides a variety of comprehensive healthcare and housing options to meet each individual's need.

Bethel is the only not-for-profit full continuum of senior services in Northern Westchester to offer:

- Adult Day Services
- Home Care
- The Pines at Narragansett - Independent Living
- The Springvale Inn - Assisted Living
- The Knolls - a Continuing Care Retirement Community
- Bethel Nursing & Rehabilitation - Croton-on-Hudson & Ossining
- Outpatient Rehabilitation
- Respite & Hospice Care

For more information please call:

**914-739-6700**  
[www.bethelwell.org](http://www.bethelwell.org)



**SENIORS**



**CONNECTING**

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### A SOCIAL ADULT DAY PROGRAM FOR THE 21ST CENTURY!

- ⇒ Engages Seniors Through Socialization and Supervision
  - ⇒ Provides Respite for Caregivers
  - ⇒ Convenient Hours
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*Bethel*

At the Heart of Senior Living

19 Narragansett Avenue - Ossining, NY  
**914-941-7300**

## If You Are Caring for a Relative:

- ◆ Do you have to leave them alone when you go to work?
- ◆ Do you rush home from running errands/going to appointments?
- ◆ Are you taking extra time from work to care for them?
- ◆ Do you need some help?

Our Social Adult Day program provides family members with peace of mind and respite from their demanding role of caregiver by offering a safe, social and supervised setting where their loved ones can enjoy the day with other people.

Instead of being isolated in their homes, seniors will enjoy a warm welcome when they arrive and companionship throughout day. Socialization, meals and supervision will give them security, too, as well as peace of mind.

Discussions and activities are designed to engage all participants under the skilled direction of our program specialists. Everyone is encouraged to join in at their own level of comfort.



**There is always something to do at Seniors Connecting!**

**914-941-7300**

## What We Provide:

### Staff

Participants will have a nurturing and professional staff to provide them with gentle assistance as needed. They will learn the strengths and interests of each participant to ensure maximum involvement for the most fulfilling experience.

### Meals

A delicious, nutritionally balanced breakfast and lunch, are provided each day.

### Setting

Located on park-like grounds with towering Pine and hardwood trees, the building is spacious with several respite rooms where participants may enjoy a nap or quiet time.

### Registration & Hours of Operation

All participants must register. Call 941-7300.

Monday – Friday, 8 am– 4 pm

Full Day: \$60

By the Hour: \$20

*Some Managed Care, Medicaid Managed Care and private insurance are accepted.*

### Transportation

Door to door transportation is available to and from our full-day program for a nominal fee.

### Come for a visit:

Plan a visit and experience a day at **Seniors Connecting!** Join us for lunch and stay for an activity. Call **941-7300**.