

Bethel Adult Day Health Program is designed for the person who is:

- Functionally impaired
- Needs preventative, diagnostic, therapeutic, rehabilitative or palliative items or services
- Assessed social and health needs, in the professional judgment of a doctor and the Adult Day Health Care staff, can be met in whole or part by the program
- Not a resident of a nursing home or assisted living facility
- Not homebound
- Does not require 24-hour a day service

We are able to provide the following as needed:

- Social Services
- Rehabilitative Services - Occupational, Physical and Speech
- Nursing Services
- Assistance with Activities of Daily Living: Bathing, Toileting , Grooming



A FULL CONTINUUM AT YOUR DOORSTEP

Since 1911, Bethel has been serving the senior community with innovative programs and services. Bethel provides a variety of comprehensive healthcare and housing options to meet each individual's need.

Bethel is the only not-for-profit full continuum of senior services in Northern Westchester to offer:

- Adult Day Services
- Home Care
- The Pines at Narragansett - Independent Living
- The Springvale Inn - Assisted Living
- The Knolls - a Continuing Care Retirement Community
- Bethel Nursing & Rehabilitation - Croton-on-Hudson & Ossining
- Outpatient Rehabilitation
- Respite & Hospice Care

For more information please call:

914-739-6700

www.bethelwell.org

Bethel
At the Heart of Senior Living

Bethel

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Adult Day Health



Programs & Services

19 Narragansett Avenue
Ossining, New York 10562

914-941-7300

What is Bethel's Adult Day Services Program All About?

Bethel's Adult Day Services program is for seniors and adults who might otherwise be left alone during the day while their caregivers are at work.



Our program is designed to provide an entertaining and interactive day for those who attend. Whether its sitting out on our shady terrace, taking outings to local restaurants, celebrating holidays or just having fun, there is something for everyone! We plan our events with all our participants in mind.

We have movie days, barbeques, ice cream socials, karaoke, visits from school children, pizza parties and so much more. Our days are filled and the possibilities are endless!

Our program is held Monday - Saturday from 8 am to 4 pm. Transportation is provided for our participants in a 10 mile radius or can be arranged if from a longer distance.

Each morning, a full hot breakfast is provided and a nutritious lunch is served along with healthy snacks throughout the day.



Medical Service

For those enrolled in our medical program we coordinate care with physicians and agencies; provide skilled nursing and assessment; offer dental, podiatry, and rehabilitation services; provide personal care assistance including showers; case management and numerous other services

Adult Day Health Services



- **Skilled Nursing Assessment & Monitoring**
- **Coordination with Physicians & Agencies**
- **Medication management**
- **Personal Care Assistance including showers**
- **Case Management services**
- **Skilled Rehabilitation**
- **Door to Door Transportation available**
- **Community Outings**
- **Dental services**
- **Podiatry services**
- **Recreational & Social Programs**
- **Breakfast, lunch and snacks**

Join Us...

We truly look forward to seeing out clients every day and they look forward to seeing us. Our warm and nurturing staff engage everyone in the program and encourage & facilitate socialization among the participants. It is the perfect solution for adults who can benefit from being in a safe, supervised setting, rather than being alone at home.

Make new friends and have fulfilling days at Bethel's Adult Day Services program.

Call us today for a tour & more information...

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