

## Bethel Nursing & Rehabilitation Center Services

- Therapies:
  - Physical
  - Occupational
  - Speech
  - Aquatic therapy
- Wound care
- Physician care
- Dietary Counseling
- Dental care
- Optometry
- Podiatry
- Audiology
- Social Services
- Family Care Plan Meetings
- Recreation Therapists
- Beauty Salon
- Gift Shop

## Bethel Nursing & Rehabilitation Center

67 Springvale Road  
Croton-on-Hudson, NY 10520  
914-739-6700

## A Community of Services At your Doorstep

Since 1911, Bethel has been serving the senior community with innovative programs and services. Today, Bethel is the only not-for-profit full continuum of senior services in Northern Westchester to offer:

- ◆ Adult Day Services
- ◆ Home Care
- ◆ The Pines at Narragansett *Independent Living*
- ◆ The Springvale Inn *Assisted Living*
- ◆ The Knolls *Continuing Care Retirement Community*
- ◆ Bethel Nursing and Rehabilitation Centers
- ◆ Outpatient Rehabilitation
- ◆ Respite

### BETHEL HOMES & SERVICES

#### Croton

62 & 67 Springvale Rd.  
2042 Albany Post Rd.

#### Ossining

17 & 19 Narragansett Avenue

#### Valhalla

51 & 55 Grasslands Rd.

## Bethel Nursing & Rehabilitation Center



*Restore, Recover, and  
Resume Your Life*

*Bethel*  
At the Heart of Senior Living

## About Bethel's Rehabilitation Services

Bethel's short-term rehabilitation program in Croton includes a newly renovated, dedicated sub-acute unit with private room availability and distinctive amenities. Bethel's energetic and supportive therapy team provides physical, occupational, and speech therapy seven days per week in a therapy suite that is welcoming, spacious and bright.

## When You Need Short-term Rehabilitation Therapy

We care for people with a variety of diagnoses such as stroke, cardiac and pulmonary conditions, upper and lower extremity fractures, spinal surgeries, total joint replacements, amputations, as well as many other medical conditions. What we are best at, regardless of diagnosis, is enabling our residents to function better.

Our rehab clinic is a place where residents, as well as their family members and caregivers, learn how capable they can become, despite whatever physical or medical barriers are present. And we do it in a way that is supportive, welcoming and most importantly, enjoyable!



## Person - Centered Approach

Bethel's team of physicians, nurses, therapists, dietitians, social workers and recreation therapists meet with each person to evaluate their needs. Together, they develop a care plan outlining goals and expectations for a safe and quick return to their life and community.

## Outpatient Center

Bethel's Outpatient Center offers Physical, Occupational and Speech therapy programs five days per week, and is a place where our inpatient "graduates" often prefer to continue their rehabilitation once they return home.

This enables people to continue treatment with the same therapists who worked with them prior, thus providing the highest level of continuity in rehabilitative care anywhere in the area.

Our Outpatient Center is also open to the public, and we accept most insurance.

## Why Choose Bethel?

- Experience uplifting and unique post-acute rehabilitation
- Seven day per week physical and occupational therapy program provided by experienced therapists
- Speech language pathology – full time team with expertise in treating both swallowing and language dysfunction
- Newly renovated, dedicated sub-acute rehabilitation unit with private rooms
- Well equipped, spacious therapy suite
- Outpatient therapy program that allows you to continue working with your therapists, even once you return home!

